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Ines Hegedus-Garcia
2019 Residential President
MIAMI Association of Realtors

Florida Realtors Scholarship Program Helps Local Students Achieve College Dreams

Realtors with children who will graduate from high school this summer or who have kids in college should apply for the 2019 Florida Realtors Student Scholarship Program. The deadline to apply is March 4, 2019. View application: <https://www.floridarealtors.org/AboutFar/Scholarships/index.cfm>

Florida Realtors Education Foundation Inc. is one way Florida Realtors gives back to its communities. Scholarships go to young Floridians struggling to realize their dreams for college and the future.

Over the past decade, Florida Realtors has awarded more than \$1,500,000 to help young people across Florida realize their college dreams. Since its inception, Florida Realtors has awarded a total of \$1,506,400 in scholarship funding, which has helped 922 students go to college or university. This student scholarship program is open and available to students whose parents are Realtors or licensed real estate practitioners, or whose parents are employed by any local Realtor board/association or by Florida Realtors, as well as any Florida student currently enrolled at a school (including home-schooled students or those attending a charter school.) It is based on an application form, which can be found on Florida Realtors' website at <https://www.floridarealtors.org/AboutFar/Scholarships/index.cfm>

Who can apply for the scholarships? Any Florida high school senior who will be attending an undergraduate college or university; any student currently enrolled in an undergraduate college or university (any major); or any student pursuing a graduate degree is eligible. There are no limitations as to location of the college or university attended, as long as the applicant indicates the intent to return to work in Florida after graduation. Proof of the student's legal Florida residency is required, however.

Scholarships start at \$1,000; the number of scholarships and dollar amounts awarded may vary each year and are determined by the Education Foundation's Board of Directors. Criteria to be considered include, but aren't limited to: academic achievements, financial need, relationship to the Realtor family, and contributions to family, school and community. The Foundation's Board of Directors has "sole and absolute discretion" over all decisions as to whether an applicant qualifies.

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Different types of mattresses have different feels

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Another method of dispersing heat is to combine a layer of memory foam with a layer of poly foam, Magnuson said.

Latex foam is an alternative to either memory or poly foam. "Latex disperses body heat and is known for sleeping very cool," Block said. "It can be all natural, and some people like that. It's a bouncy material and gives you a lot of mobility so you can change positions easily."

"Latex has the most proven durability of the commonly used materials," Magnuson said.

GEL

Gel is a material that falls somewhere between a solid and a liquid, according to the GoodBed.com website. It is good for shock absorption and pressure relief. It feels cooler than some other materials because it conducts heat away from the body.

Gel mattresses are usually constructed in one of three ways, according to the website. Bits of gel are added to a layer of foam. This is most often done with memory foam. Honeycomb construction uses a layer of gel columns that are interconnected. Another type of construction is a solid layer of gel at the top or near the top of the mattress.

AFTER THE PURCHASE

Sometimes it takes a while to get comfortable on



Different types of mattresses have different feels. An individual should consider whether he or she likes to sink into a mattress or stay on top. (Courtesy of Baer's Furniture)

a new mattress. "Don't be surprised if you are uncomfortable sleeping after sleeping on your new bed," Blakemore said. "It's not uncommon to wake up sore or stiff the first few weeks, especially if your previous mattress was extremely old

or offered very poor support. This does not mean the new bed is wrong for you, it just needs time to break in — usually between 30 and 60 nights. Give your new bed time for the comfort layers and foams to loosen, and give your body

time to adjust to the new level of support."

One more thing: "Don't skip a high-quality mattress protector," Blakemore said. "Most mattress warranties are considered void if the mattress has any visible staining."



A mattress with coils may give more support than a foam mattress. (Courtesy of Baer's Furniture)

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